

# **2013 Minnesota Student Survey District Tables**

*Fall 2013*

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## **In Appreciation**

We are indebted to the students, parents, teachers, Minnesota Student Survey coordinators, principals and superintendents across the state that agreed to participate in and supported the student survey when it was administered in the first half of 2013. These data are made available as a result of their interest and time and we are grateful for their efforts.

We are also indebted to the many state agency staff, especially the analysts with the Minnesota Center for Health Statistics at the Minnesota Department of Health, for their tireless work on making these data available.

## **2013 MINNESOTA STUDENT SURVEY**

### **Survey Participation**

The 2013 Minnesota Student Survey was administered in the first half of 2013 to public school students in Grades 5, 8, 9, and 11 statewide. All public school districts in Minnesota were invited to participate. Of the 334 public operating districts, 280 agreed to participate (84% of public operating school districts).

Public school student participation was voluntary and surveys were anonymous. Across the state, approximately 66% of fifth graders, 71% of eighth graders, 69% of ninth graders, and 62% of eleventh graders participated in the 2013 Minnesota Student Survey. Overall participation across the four grades was approximately 67% of total enrollment.

All schools and districts that participated in the survey followed federal laws regarding parental notification as required by the Family Educational Rights and Privacy Act (FERPA) and the Protection of Pupil Rights Amendment (PPRA). PPRA requires that schools that participate in the survey notify parents of the survey administration, provide parents the opportunity to review the survey instrument, and allow parents to opt their child out of participating.

### **Mode of Administration**

In 2013, for the first time, schools could choose to administer the survey by computer or by using the traditional paper and pencil survey. Each participating school had to choose one method or the other. Overall, 35% of students took the survey by computer and 65% used the paper survey. The survey questions that students saw on their computer screens were the same as those in the paper survey booklets.

Researchers find that the mode of administration (in this case, computer or paper) may sometimes influence survey results in subtle ways. Students may feel that one method offers more privacy or anonymity than the other, or they may simply feel more comfortable with one method. The Minnesota Student Survey research team will be analyzing the results of the 2013 survey to see if they can detect any influence of the mode of administration on survey results.

### **Items on the Tables**

The accompanying set of tables includes the responses for all survey items. Items are ordered within the tables according to meaningful domains; the order items appear on the tables is not necessarily the order they appeared in the survey. A Table of Contents is provided on pages v-vi. The Grade 5 survey version was shorter than the Grade 8 survey version, which in turn was shorter than the Grade 9/11 version. The Grade 5 and Grade 8 versions did not include items appropriate only for older students. Items found on some versions of the survey but not on others are identified on the tables.

## **New Questions and Year-to-Year Comparisons**

Many of the 2013 survey instrument questions were changed from the 2010 survey instrument. While some questions stayed the same, other questions had updated or improved wording. Some entirely new questions were added and some questions were dropped. New questions are noted on each table. Caution must be used when making comparisons over time for any questions in which the wording has changed.

Please note that although these surveys are given repeatedly over time, student populations may change between administrations of the survey.

## **Validity of Responses**

Approximately 2% of the surveys were eliminated from analyses because gender was missing, responses were highly inconsistent, or there was a pattern of likely exaggeration.

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TABLE 1  
DEMOGRAPHIC DESCRIPTION  
LEWISTON-ALTURA

		Grade							
		5th		8th		9th		11th	
		N	%	N	%	N	%	N	%
<b>Total number of surveys</b>		50	100%	44	100%	70	100%	66	100%
<b>Gender</b>	<b>Male</b>	23	46%	22	50%	43	61%	29	44%
	<b>Female</b>	27	54%	22	50%	27	39%	37	56%
<b>Age</b>	<b>10 or younger</b>	15	30%	0	0%	0	0%	0	0%
	<b>11</b>	34	68%	0	0%	0	0%	0	0%
	<b>12</b>	1	2%	0	0%	0	0%	0	0%
	<b>13</b>	0	0%	15	34%	0	0%	0	0%
	<b>14</b>	0	0%	27	61%	35	50%	0	0%
	<b>15</b>	0	0%	2	5%	35	50%	1	2%
	<b>16</b>	0	0%	0	0%	0	0%	25	38%
	<b>17</b>	0	0%	0	0%	0	0%	37	56%
	<b>18</b>	0	0%	0	0%	0	0%	2	3%
	<b>19-20</b>	0	0%	0	0%	0	0%	0	0%
	<b>No answer</b>	0	0%	0	0%	0	0%	1	2%
<b>Are you a member of any of the following ethnic or cultural groups?<sup>^</sup> Hispanic or Latino/a</b>	<b>Yes</b>	4	8%	3	7%	2	3%	3	5%
	<b>No</b>	45	90%	38	86%	63	90%	62	94%
	<b>Not answered</b>	1	2%	3	7%	5	7%	1	2%
<b>Are you a member of any of the following ethnic or cultural groups?<sup>^</sup> Somali</b>	<b>Yes</b>	0	0%	0	0%	1	1%	0	0%
	<b>No</b>	48	96%	39	89%	65	93%	64	97%
	<b>Not answered</b>	2	4%	5	11%	4	6%	2	3%
<b>Are you a member of any of the following ethnic or cultural groups?<sup>^</sup> Hmong</b>	<b>Yes</b>	1	2%	0	0%	0	0%	0	0%
	<b>No</b>	47	94%	39	89%	64	91%	64	97%
	<b>Not answered</b>	2	4%	5	11%	6	9%	2	3%
<b>In addition, what is your race?<sup>^</sup> (If more than one describes you, mark ALL that apply)</b>	<b>American Indian or Alaskan Native only</b>	0	0%	1	2%	0	0%	0	0%
	<b>Asian only</b>	0	0%	1	2%	0	0%	1	2%
	<b>Black, African or African American only</b>	2	4%	2	5%	2	3%	1	2%
	<b>Native Hawaiian or Pacific Islander only</b>	0	0%	0	0%	0	0%	1	2%
	<b>White only</b>	46	92%	35	80%	64	91%	60	91%
	<b>Multiple race (checked more than one)</b>	2	4%	2	5%	2	3%	1	2%
	<b>No answer</b>	0	0%	3	7%	2	3%	2	3%

<sup>^</sup> New question in 2013.

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**TABLE 2**  
**SCHOOL PLANS; IEP PARTICIPATION; CHANGING SCHOOLS; ACADEMIC**  
**PERFORMANCE**  
**LEWISTON-ALTURA**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
<b>What is the MAIN thing you plan to do right AFTER high school?*</b> <sup>^</sup>	<b>I don't plan to graduate from high school</b>		0%	2%	0%
	<b>Get my GED</b>		3%	2%	0%
	<b>Go to a two-year community or technical college</b>		10%	18%	17%
	<b>Go to a four-year college or university</b>		69%	68%	73%
	<b>Get a license or certificate in a career field</b>		3%	3%	0%
	<b>Attend an apprenticeship program</b>		3%	0%	2%
	<b>Join the military</b>		5%	5%	3%
	<b>Work at a job</b>		3%	2%	0%
	<b>Other</b>		5%	2%	5%
<b>Do you have an IEP or get special education services?</b>	<b>Yes</b>	12%	7%	14%	12%
	<b>No</b>	88%	93%	86%	88%
<b>Since the beginning of this school year, how many times have you changed schools?</b>	<b>0 times</b>	94%	98%	99%	97%
	<b>1 time</b>	4%	2%	1%	2%
	<b>2 times</b>	2%	0%	0%	2%
	<b>3 or more times</b>	0%	0%	0%	0%
<b>How would you describe your grades this school year?</b> <sup>^</sup>	<b>Mostly As</b>	42%	7%	38%	44%
	<b>Mostly Bs</b>	48%	17%	26%	38%
	<b>Mostly Cs</b>	8%	14%	28%	17%
	<b>Mostly Ds</b>	2%	0%	7%	2%
	<b>Mostly Fs</b>	0%	0%	1%	0%
	<b>Mostly Incompletes</b>	0%	0%	0%	0%
	<b>None of these letter grades</b>	0%	62%	0%	0%

\* 5th grade survey did not ask this question.

<sup>^</sup> New question in 2013.

2013 Minnesota Student Survey

**TABLE 3  
FEELINGS ABOUT SCHOOL^  
LEWISTON-ALTURA**

		Grade				
		5th	8th	9th	11th	
		%	%	%	%	
How often do you care about doing well in school?	All of the time	42%	41%	50%	46%	
	Most of the time	52%	45%	39%	43%	
	Some of the time	6%	14%	10%	9%	
	None of the time	0%	0%	1%	2%	
How often do you pay attention in class?	All of the time	10%	11%	20%	20%	
	Most of the time	74%	70%	67%	64%	
	Some of the time	16%	18%	13%	17%	
	None of the time	0%	0%	0%	0%	
How often do you go to class unprepared?	All of the time	2%	0%	0%	3%	
	Most of the time	4%	9%	7%	3%	
	Some of the time	50%	59%	41%	35%	
	None of the time	44%	32%	51%	59%	
How much do you agree or disagree with each of the following statements?	If something interests me, I try to learn more about it.	Strongly agree	42%	43%	54%	58%
		Agree	56%	52%	46%	40%
		Disagree	2%	5%	0%	0%
		Strongly disagree	0%	0%	0%	2%
	I think things I learn in school are useful.	Strongly agree	46%	18%	24%	12%
		Agree	52%	73%	64%	55%
		Disagree	0%	7%	7%	26%
		Strongly disagree	2%	2%	4%	6%
	Being a student is one of the most important parts of who I am.	Strongly agree	34%	23%	17%	9%
		Agree	46%	52%	54%	52%
		Disagree	18%	20%	20%	36%
		Strongly disagree	2%	5%	9%	3%

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 4  
FEELINGS ABOUT SCHOOL; SKIPPING SCHOOL<sup>^</sup>  
LEWISTON-ALTURA**

		Grade				
		5th %	8th %	9th %	11th %	
<b>How much do you agree or disagree with each of the following statements?</b>	<b>Overall, adults at my school treat students fairly.</b>	<b>Strongly agree</b>	32%	23%	27%	15%
		<b>Agree</b>	54%	58%	49%	63%
		<b>Disagree</b>	14%	12%	16%	17%
		<b>Strongly disagree</b>	0%	7%	9%	5%
	<b>Adults at my school listen to the students.</b>	<b>Strongly agree</b>	36%	21%	22%	18%
		<b>Agree</b>	46%	56%	48%	52%
		<b>Disagree</b>	18%	19%	20%	26%
		<b>Strongly disagree</b>	0%	5%	10%	5%
	<b>The school rules are fair.</b>	<b>Strongly agree</b>	38%	23%	28%	12%
		<b>Agree</b>	52%	60%	46%	69%
		<b>Disagree</b>	8%	9%	17%	14%
		<b>Strongly disagree</b>	2%	7%	9%	5%
	<b>At my school, teachers care about students.</b>	<b>Strongly agree</b>	66%	30%	29%	25%
		<b>Agree</b>	34%	60%	54%	59%
		<b>Disagree</b>	0%	5%	12%	14%
		<b>Strongly disagree</b>	0%	5%	4%	2%
<b>Most teachers at my school are interested in me as a person.</b>	<b>Strongly agree</b>	32%	14%	23%	14%	
	<b>Agree</b>	52%	45%	40%	48%	
	<b>Disagree</b>	16%	36%	26%	31%	
	<b>Strongly disagree</b>	0%	5%	11%	6%	
<b>During the last 30 days, how many times have you skipped school or cut classes, but NOT a full day of school, without being excused?*</b>	<b>None</b>		91%	91%	88%	
	<b>Once or twice</b>		7%	4%	12%	
	<b>3 to 5 times</b>		2%	4%	0%	
	<b>6 to 9 times</b>		0%	0%	0%	
	<b>10 or more times</b>		0%	0%	0%	
<b>During the last 30 days, how many times have you skipped school or cut a FULL day of school or classes, without being excused?*</b>	<b>None</b>		93%	96%	92%	
	<b>Once or twice</b>		7%	4%	8%	
	<b>3 to 5 times</b>		0%	0%	0%	
	<b>6 to 9 times</b>		0%	0%	0%	
	<b>10 or more times</b>		0%	0%	0%	

\* 5th grade survey did not ask this question.  
<sup>^</sup> All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 5  
TIME AWAY FROM CLASS<sup>^</sup>  
LEWISTON-ALTURA**

<i>During the last 30 days, how many times have you...</i>		Grade			
		5th	8th	9th	11th
		%	%	%	%
...gone to the nurses office?	None	48%	74%	79%	80%
	Once or twice	40%	26%	17%	15%
	3 to 5 times	10%	0%	4%	5%
	6 to 9 times	2%	0%	0%	0%
	10 or more times	0%	0%	0%	0%
...stayed home because you were sick?	None	32%	56%	60%	46%
	Once or twice	48%	37%	30%	46%
	3 to 5 times	14%	7%	10%	6%
	6 to 9 times	6%	0%	0%	2%
	10 or more times	0%	0%	0%	0%
...been sent to the office for discipline?	None	100%	86%	93%	97%
	Once or twice	0%	12%	6%	2%
	3 to 5 times	0%	2%	1%	2%
	6 to 9 times	0%	0%	0%	0%
	10 or more times	0%	0%	0%	0%
...had in-school suspension (ISS)?	None	100%	95%	100%	98%
	Once or twice	0%	5%	0%	2%
	3 to 5 times	0%	0%	0%	0%
	6 to 9 times	0%	0%	0%	0%
	10 or more times	0%	0%	0%	0%
...been suspended from school (out-of-school suspension/ OSS)?	None	100%	98%	100%	98%
	Once or twice	0%	2%	0%	0%
	3 to 5 times	0%	0%	0%	0%
	6 to 9 times	0%	0%	0%	2%
	10 or more times	0%	0%	0%	0%

<sup>^</sup> All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 6  
PERCEPTIONS OF SAFETY; AFTER SCHOOL SUPERVISION  
LEWISTON-ALTURA**

			Grade			
			5th %	8th %	9th %	11th %
How much do you agree or disagree with each of the following statements?	I feel safe going to and from school.	Strongly agree	48%	55%	59%	66%
		Agree	48%	43%	36%	28%
		Disagree	2%	2%	1%	6%
		Strongly disagree	2%	0%	4%	0%
	I feel safe at school.	Strongly agree	52%	39%	54%	48%
		Agree	40%	50%	40%	48%
		Disagree	8%	11%	1%	3%
		Strongly disagree	0%	0%	4%	2%
	I feel safe in my neighborhood.	Strongly agree	62%	61%	63%	68%
		Agree	30%	34%	29%	28%
		Disagree	4%	5%	4%	5%
		Strongly disagree	4%	0%	4%	0%
	I feel safe at home.^	Strongly agree	74%	77%	73%	71%
		Agree	20%	14%	21%	28%
		Disagree	4%	9%	0%	0%
		Strongly disagree	2%	0%	6%	2%
Where do you usually GO after school?^ (Mark all that apply)	I stay at my school or go to another school	28%	33%	54%	18%	
	Your home or another home such as a friend's, relative's or neighbor's	94%	76%	80%	71%	
	A rec, community or other youth center	6%	2%	7%	3%	
	A park or other outdoor space	4%	10%	3%	6%	
	A library	0%	0%	1%	2%	
	A church, synagogue, mosque, or other spiritual/religious place	8%	7%	4%	2%	
	A job*			7%	49%	
	Some other place, such as a mall or movie theatre	2%	17%	12%	11%	
During a typical week, how often are you home alone or somewhere unsupervised after school?	0 days	16%	34%	34%	29%	
	1 day	20%	16%	12%	18%	
	2 days	26%	25%	10%	17%	
	3 days	12%	14%	16%	14%	
	4 days	2%	2%	12%	5%	
	5 days	24%	9%	15%	18%	

\* 5th and 8th grade surveys did not ask this question.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 7  
BEING BULLIED FOR SPECIFIC REASONS<sup>^</sup>  
LEWISTON-ALTURA**

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Grade			
		5th %	8th %	9th %	11th %
<b>Your race, ethnicity or national origin</b>	Never	92%	93%	87%	91%
	Once or twice	6%	7%	10%	6%
	About once a week	0%	0%	1%	0%
	Several times a week	2%	0%	1%	0%
	Every day	0%	0%	0%	3%
<b>Your religion</b>	Never	96%	95%	90%	89%
	Once or twice	4%	5%	9%	8%
	About once a week	0%	0%	0%	2%
	Several times a week	0%	0%	0%	0%
	Every day	0%	0%	1%	2%
<b>Your gender (being male or female)</b>	Never	92%	95%	96%	92%
	Once or twice	6%	5%	3%	5%
	About once a week	2%	0%	0%	2%
	Several times a week	0%	0%	0%	0%
	Every day	0%	0%	1%	2%
<b>Because you are gay or lesbian or because someone thought you were*</b>	Never		82%	94%	92%
	Once or twice		9%	6%	5%
	About once a week		2%	0%	0%
	Several times a week		0%	0%	2%
	Every day		7%	0%	2%
<b>A physical or mental disability</b>	Never	90%	86%	90%	86%
	Once or twice	8%	9%	7%	8%
	About once a week	2%	2%	1%	3%
	Several times a week	0%	0%	0%	2%
	Every day	0%	2%	1%	2%
<b>Your weight or physical appearance</b>	Never	68%	50%	64%	71%
	Once or twice	22%	34%	23%	15%
	About once a week	10%	7%	7%	9%
	Several times a week	0%	2%	4%	2%
	Every day	0%	7%	1%	3%

\* 5th grade survey did not ask this question.

<sup>^</sup> All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 8**  
**VICTIMIZATION AT SCHOOL; CYBERBULLYING<sup>^</sup>**  
**LEWISTON-ALTURA**

			Grade			
			5th	8th	9th	11th
			%	%	%	%
During the last 30 days, on how many days have other students at school...	...stolen or deliberately damaged your property such as clothing, books or car?	0 days	92%	77%	89%	89%
		1 day	8%	9%	9%	9%
		2 or 3 days	0%	9%	3%	2%
		4 or 5 days	0%	2%	0%	0%
		6 or more days	0%	2%	0%	0%
	...offered, sold or given you an illegal drug?	0 days	100%	95%	96%	94%
		1 day	0%	0%	1%	6%
		2 or 3 days	0%	0%	0%	0%
		4 or 5 days	0%	2%	0%	0%
		6 or more days	0%	2%	3%	0%
	...threatened or injured you with a weapon (gun, knife, club, etc.)?	0 days	100%	89%	94%	94%
		1 day	0%	7%	1%	2%
		2 or 3 days	0%	2%	3%	2%
		4 or 5 days	0%	0%	0%	0%
		6 or more days	0%	2%	1%	3%
During the last 30 days, how often have you been bullied through e-mail, chat rooms, instant messaging, websites or texting?	Never	86%	75%	80%	82%	
	Once or twice	14%	9%	16%	14%	
	About once a week	0%	7%	1%	2%	
	Several times a week	0%	7%	1%	3%	
	Every day	0%	2%	1%	0%	

<sup>^</sup> All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 9  
BEING BULLIED OR HARASSED AT SCHOOL ^  
LEWISTON-ALTURA**

<i>During the last 30 days, how often have other students at school...</i>		Grade			
		5th	8th	9th	11th
		%	%	%	%
...pushed, shoved, slapped, hit or kicked you when they weren't kidding around?	Never	82%	66%	86%	91%
	Once or twice	16%	25%	11%	5%
	About once a week	2%	2%	1%	5%
	Several times a week	0%	2%	0%	0%
	Every day	0%	5%	1%	0%
...threatened to beat you up?	Never	90%	86%	90%	89%
	Once or twice	8%	9%	9%	3%
	About once a week	2%	2%	0%	8%
	Several times a week	0%	2%	0%	0%
	Every day	0%	0%	1%	0%
...spread mean rumors or lies about you?	Never	70%	45%	64%	71%
	Once or twice	20%	23%	24%	14%
	About once a week	2%	14%	9%	11%
	Several times a week	6%	7%	1%	3%
	Every day	2%	11%	1%	2%
...made sexual jokes, comments or gestures towards you?*	Never		61%	74%	77%
	Once or twice		20%	11%	17%
	About once a week		2%	6%	3%
	Several times a week		5%	4%	2%
	Every day		11%	4%	2%
...excluded you from friends, other students or activities?	Never	72%	55%	63%	77%
	Once or twice	18%	20%	24%	15%
	About once a week	6%	5%	7%	5%
	Several times a week	0%	7%	4%	3%
	Every day	4%	14%	1%	0%

\* 5th grade survey did not ask this question.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 10  
BULLYING OR HARASSING OTHER STUDENTS AT SCHOOL<sup>^</sup>  
LEWISTON-ALTURA**

		Grade				
		5th	8th	9th	11th	
		%	%	%	%	
During the last 30 days, how many times at school have YOU... <sup>^</sup>	...pushed, shoved slapped, hit or kicked someone when you weren't kidding around?	Never	86%	80%	94%	94%
		Once or twice	12%	18%	6%	3%
		About once a week	2%	0%	0%	2%
		Several times a week	0%	2%	0%	0%
		Every day	0%	0%	0%	2%
	...threatened or beat someone up?	Never	98%	91%	89%	91%
		Once or twice	0%	5%	9%	5%
		About once a week	2%	5%	0%	5%
		Several times a week	0%	0%	1%	0%
		Every day	0%	0%	1%	0%
	...spread mean rumors or lies about someone else?	Never	92%	88%	81%	91%
		Once or twice	8%	9%	16%	6%
		About once a week	0%	2%	3%	0%
		Several times a week	0%	0%	0%	2%
		Every day	0%	0%	0%	2%
	...made sexual jokes, comments or gestures towards someone else?*	Never		84%	90%	88%
		Once or twice		11%	7%	11%
		About once a week		0%	1%	2%
		Several times a week		2%	0%	0%
		Every day		2%	1%	0%
...excluded someone from friends, other students or activities?	Never	88%	75%	79%	92%	
	Once or twice	10%	23%	16%	6%	
	About once a week	2%	0%	6%	2%	
	Several times a week	0%	0%	0%	0%	
	Every day	0%	2%	0%	0%	
During the last 30 days, on how many days did you carry a weapon such as a gun, knife, or club ON SCHOOL PROPERTY?	0 days	100%	98%	100%	94%	
	1 day	0%	0%	0%	0%	
	2 or 3 days	0%	0%	0%	3%	
	4 or 5 days	0%	0%	0%	0%	
	6 or more days	0%	2%	0%	3%	

\* 5th grade survey did not ask this question.

<sup>^</sup> All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 11A  
USE OF TIME<sup>^</sup>  
LEWISTON-ALTURA**

<i>During a typical school day, how many hours do you do each of the following outside of school?</i>		Grade			
		5th	8th	9th	11th
		%	%	%	%
<b>Study or do homework</b>	<b>0 hours</b>	14%	34%	16%	13%
	<b>1 hour</b>	73%	52%	65%	58%
	<b>2 hours</b>	12%	14%	13%	23%
	<b>3 to 5 hours</b>	0%	0%	4%	5%
	<b>6 or more hours</b>	0%	0%	1%	2%
<b>Read for pleasure</b>	<b>0 hours</b>	33%	68%	77%	67%
	<b>1 hour</b>	43%	20%	19%	22%
	<b>2 hours</b>	18%	11%	0%	3%
	<b>3 to 5 hours</b>	6%	0%	3%	6%
	<b>6 or more hours</b>	0%	0%	1%	2%
<b>Do creative things such as music or arts and crafts</b>	<b>0 hours</b>	41%	49%	48%	44%
	<b>1 hour</b>	31%	33%	25%	32%
	<b>2 hours</b>	22%	5%	16%	11%
	<b>3 to 5 hours</b>	4%	7%	7%	6%
	<b>6 or more hours</b>	2%	7%	4%	6%
<b>Go outside, take a walk or go for a bike ride</b>	<b>0 hours</b>	27%	37%	42%	36%
	<b>1 hour</b>	49%	40%	43%	34%
	<b>2 hours</b>	10%	19%	9%	16%
	<b>3 to 5 hours</b>	12%	5%	3%	9%
	<b>6 or more hours</b>	2%	0%	3%	5%
<b>During a typical week, how many hours do you work for pay outside of the regular school day?*</b>	<b>0 hours</b>		55%	57%	27%
	<b>1 to 2 hours</b>		20%	10%	11%
	<b>3 to 5 hours</b>		11%	16%	13%
	<b>6 to 10 hours</b>		7%	12%	13%
	<b>11 to 20 hours</b>		7%	3%	24%
	<b>21 to 30 hours</b>		0%	0%	11%
	<b>31 or more hours</b>		0%	1%	2%

\* 5th grade survey did not ask this question.

<sup>^</sup> All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 11B  
USE OF TIME<sup>^</sup>  
LEWISTON-ALTURA**

<i>During a typical school day, how many hours do you do each of the following outside of school?</i>		Grade			
		5th	8th	9th	11th
		%	%	%	%
<b>Watch TV shows, movies or videos on a TV, computer or phone</b>	<b>0 hours</b>	12%	2%	1%	9%
	<b>1 hour</b>	31%	20%	28%	38%
	<b>2 hours</b>	24%	39%	35%	22%
	<b>3 to 5 hours</b>	20%	25%	22%	17%
	<b>6 or more hours</b>	12%	14%	14%	14%
<b>Talk on the phone or use an app</b>	<b>0 hours</b>	31%	23%	18%	31%
	<b>1 hour</b>	35%	37%	33%	31%
	<b>2 hours</b>	20%	23%	26%	16%
	<b>3 to 5 hours</b>	4%	7%	11%	11%
	<b>6 or more hours</b>	10%	9%	12%	11%
<b>Text</b>	<b>0 hours</b>	49%	22%	22%	11%
	<b>1 hour</b>	18%	22%	22%	30%
	<b>2 hours</b>	10%	12%	15%	17%
	<b>3 to 5 hours</b>	12%	17%	18%	6%
	<b>6 or more hours</b>	10%	27%	23%	36%
<b>Play video or online games</b>	<b>0 hours</b>	43%	41%	48%	63%
	<b>1 hour</b>	31%	11%	22%	9%
	<b>2 hours</b>	14%	23%	17%	16%
	<b>3 to 5 hours</b>	2%	14%	7%	6%
	<b>6 or more hours</b>	10%	11%	6%	6%
<b>Use the computer</b>	<b>0 hours</b>	41%	23%	36%	25%
	<b>1 hour</b>	35%	39%	38%	31%
	<b>2 hours</b>	6%	18%	16%	20%
	<b>3 to 5 hours</b>	10%	11%	7%	13%
	<b>6 or more hours</b>	8%	9%	3%	11%

<sup>^</sup> All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 12A  
ENRICHMENT ACTIVITIES^  
LEWISTON-ALTURA**

			Grade			
			5th	8th	9th	11th
			%	%	%	%
<b>Does your school or community offer a variety of programs for people your age to participate in outside of the regular school day?</b>	<b>Yes</b>		67%	66%	60%	63%
	<b>No</b>		8%	16%	12%	14%
	<b>I don't know what programs are available in my community</b>		24%	18%	28%	22%
<b>During a typical week, how often do you participate in the following activities outside of the regular school day?</b>	<b>Club or community sports teams, such as park and rec teams, in-house teams or traveling teams</b>	<b>0 days</b>	31%	50%	70%	71%
		<b>1 day</b>	16%	9%	4%	8%
		<b>2 days</b>	31%	2%	3%	8%
		<b>3 to 4 days</b>	16%	0%	1%	10%
		<b>5 or more days</b>	6%	39%	22%	3%
	<b>School sports teams*</b>	<b>0 days</b>			29%	46%
		<b>1 day</b>			6%	3%
		<b>2 days</b>			4%	2%
		<b>3 to 4 days</b>			6%	11%
		<b>5 or more days</b>			56%	38%
	<b>School sponsored activities or clubs that are not sports, such as drama, music, chess or science club</b>	<b>0 days</b>	73%	75%	74%	73%
		<b>1 day</b>	21%	5%	13%	15%
		<b>2 days</b>	4%	5%	1%	6%
		<b>3 to 4 days</b>	2%	7%	7%	2%
		<b>5 or more days</b>	0%	9%	4%	5%

\* 5th and 8th grade surveys did not ask this question.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 12B  
ENRICHMENT ACTIVITIES^  
LEWISTON-ALTURA**

<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>		Grade			
		5th	8th	9th	11th
		%	%	%	%
<b>Tutoring, homework help or academic programs</b>	<b>0 days</b>	77%	93%	91%	93%
	<b>1 day</b>	13%	5%	4%	0%
	<b>2 days</b>	8%	2%	1%	7%
	<b>3 to 4 days</b>	2%	0%	3%	0%
	<b>5 or more days</b>	0%	0%	0%	0%
<b>Leadership activities such as student government, youth councils or committees</b>	<b>0 days</b>	94%	98%	90%	68%
	<b>1 day</b>	4%	2%	9%	15%
	<b>2 days</b>	2%	0%	1%	16%
	<b>3 to 4 days</b>	0%	0%	0%	2%
	<b>5 or more days</b>	0%	0%	0%	0%
<b>Lessons, such as music, dance, tennis or karate lessons</b>	<b>0 days</b>	63%	75%	84%	87%
	<b>1 day</b>	21%	7%	7%	10%
	<b>2 days</b>	8%	5%	1%	0%
	<b>3 to 4 days</b>	6%	7%	1%	0%
	<b>5 or more days</b>	2%	7%	6%	3%
<b>Other community clubs and programs such as 4-H, Scouts, Y-clubs or Community Ed</b>	<b>0 days</b>	73%	77%	81%	70%
	<b>1 day</b>	21%	14%	14%	22%
	<b>2 days</b>	2%	5%	1%	5%
	<b>3 to 4 days</b>	2%	2%	1%	3%
	<b>5 or more days</b>	2%	2%	1%	0%
<b>Religious activities such as religious services, education or youth group</b>	<b>0 days</b>	71%	68%	47%	65%
	<b>1 day</b>	21%	30%	47%	29%
	<b>2 days</b>	8%	0%	4%	5%
	<b>3 to 4 days</b>	0%	0%	0%	2%
	<b>5 or more days</b>	0%	2%	1%	0%

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 13  
REASONS FOR PARTICIPATION IN ACTIVITIES  
LEWISTON-ALTURA**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
<b>What are the reasons you participate in activities, programs or clubs outside of the regular school day?*</b> (Mark all that apply)	To have fun		97%		
	To be with my friends		79%		
	To try new things		50%		
	To help me succeed in school		29%		
	To help me get into college		45%		
	To be a leader or make a difference		29%		
	To feel more connected to my community		13%		
	My parents (or guardians) want me to		24%		
	It is a safe place		18%		
	Other		21%		
<b>What are the reasons you don't participate in activities, programs or clubs outside of the regular school day?*</b> (Mark all that apply)	I do not know what is available in my community	23%	13%	19%	11%
	Activities are not available in my community	0%	0%	0%	5%
	Activities cost too much	13%	8%	11%	5%
	My parents (or guardians) won't let me	9%	3%	5%	2%
	My friends are not there	6%	8%	25%	16%
	I am not interested	47%	56%	67%	63%
	I am too busy with other things, such as a job or homework	38%	28%	41%	64%
	I don't have a way to get there or home	13%	8%	27%	11%
	I have to take care of other family members	13%	13%	5%	7%
	It is not a safe place	0%	3%	2%	2%
	Other	38%	36%	19%	18%

\* Only the 8th grade survey asked this question.

2013 Minnesota Student Survey

**TABLE 14  
FAMILY COMPOSITION AND SITUATIONS  
LEWISTON-ALTURA**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
<b>Which adults do you live with?</b>	<b>Both biological parents</b>	76%	67%	66%	76%
	<b>Both adoptive parents</b>	0%	0%	1%	2%
	<b>Mother and stepfather</b>	4%	9%	7%	6%
	<b>Father and stepmother</b>	2%	2%	0%	0%
	<b>Mother and partner</b>	0%	0%	4%	0%
	<b>Father and partner</b>	0%	0%	0%	2%
	<b>Mother only</b>	10%	12%	13%	5%
	<b>Father only</b>	2%	5%	0%	3%
	<b>Sometimes with mother, sometimes with father</b>	4%	2%	6%	3%
	<b>Other (relatives, foster care, etc)</b>	2%	2%	1%	5%
	<b>No adults</b>	0%	0%	0%	0%
<b>During the past 12 months, have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay?*</b> <sup>^</sup>	<b>No</b>		98%	97%	97%
	<b>Yes, with my parents or an adult family member</b>		2%	1%	2%
	<b>Yes, on my own without any adult family members</b>		0%	1%	2%
<b>Have any of your parents or guardians ever been in jail or prison?*</b> <sup>^</sup>	<b>None of my parents or guardians has ever been in jail or prison</b>		86%	84%	88%
	<b>Yes, I have a parent or guardian in jail or prison right now</b>		0%	1%	2%
	<b>Yes, I have had a parent or guardian in jail or prison in the past</b>		14%	14%	10%

\* 5th grade survey did not ask this question.

<sup>^</sup> New question in 2013.

**2013 Minnesota Student Survey**

**TABLE 15  
PARENTAL COMMUNICATION  
LEWISTON-ALTURA**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
<b>Can you talk to your father about problems you are having?</b>	<b>Yes, most of the time</b>	42%	43%	39%	47%
	<b>Yes, some of the time</b>	34%	31%	30%	23%
	<b>No, not very often</b>	10%	19%	9%	13%
	<b>No, not at all</b>	10%	5%	12%	14%
	<b>My father is not around</b>	4%	2%	10%	3%
<b>Can you talk to your mother about problems you are having?</b>	<b>Yes, most of the time</b>	74%	50%	57%	63%
	<b>Yes, some of the time</b>	18%	36%	28%	17%
	<b>No, not very often</b>	6%	12%	10%	11%
	<b>No, not at all</b>	2%	2%	4%	6%
	<b>My mother is not around</b>	0%	0%	1%	3%

2013 Minnesota Student Survey

**TABLE 16  
PERCEPTIONS OF FAMILY AND OTHERS CARING  
LEWISTON-ALTURA**

<i>How much do you feel ...</i>		Grade			
		5th	8th	9th	11th
		%	%	%	%
... your parents care about you?	<b>Not at all</b>	0%	0%	3%	3%
	<b>A little</b>	0%	5%	0%	5%
	<b>Some</b>	5%	9%	9%	5%
	<b>Quite a bit</b>	20%	25%	22%	29%
	<b>Very much</b>	75%	61%	67%	59%
... other adult relatives care about you?	<b>Not at all</b>	0%	0%	3%	2%
	<b>A little</b>	2%	5%	6%	8%
	<b>Some</b>	9%	12%	9%	8%
	<b>Quite a bit</b>	23%	42%	29%	40%
	<b>Very much</b>	66%	42%	54%	43%
... friends care about you?	<b>Not at all</b>	2%	2%	0%	3%
	<b>A little</b>	2%	5%	7%	5%
	<b>Some</b>	20%	18%	16%	25%
	<b>Quite a bit</b>	36%	48%	47%	33%
	<b>Very much</b>	39%	27%	30%	34%
... teachers/other adults at school care about you?	<b>Not at all</b>	0%	7%	16%	5%
	<b>A little</b>	11%	25%	20%	25%
	<b>Some</b>	16%	32%	29%	40%
	<b>Quite a bit</b>	34%	34%	21%	19%
	<b>Very much</b>	39%	2%	14%	11%
... adults in your community care about you?	<b>Not at all</b>	2%	9%	19%	16%
	<b>A little</b>	25%	33%	23%	24%
	<b>Some</b>	18%	28%	23%	29%
	<b>Quite a bit</b>	34%	26%	20%	25%
	<b>Very much</b>	20%	5%	16%	6%

2013 Minnesota Student Survey

**TABLE 17**  
**FAMILY SUBSTANCE ABUSE; PHYSICAL AND SEXUAL VIOLENCE**  
**LEWISTON-ALTURA**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
Do you live with anyone who drinks too much alcohol? <sup>^</sup>	Yes	6%	2%	17%	15%
	No	94%	98%	83%	85%
Do you live with anyone who uses illegal drugs or abuses prescription drugs? <sup>^</sup>	Yes	3%	0%	4%	7%
	No	97%	100%	96%	93%
Does a parent or other adult in your home regularly swear at you, insult you or put you down? <sup>^</sup>	Yes	8%	12%	16%	10%
	No	92%	88%	84%	90%
Has a parent or other adult in your household ever hit, beat, kicked or physically hurt you in any way? <sup>^</sup>	Yes	14%	10%	10%	10%
	No	86%	90%	90%	90%
Have your parents or other adults in your home ever slapped, hit, kicked, punched or beat each other up? <sup>^</sup>	Yes	8%	10%	7%	10%
	No	92%	90%	93%	90%
Has any adult or other person outside of the family ever touched you sexually against your wishes or forced you to touch them sexually?	Yes	6%	3%	6%	0%
	No	94%	98%	94%	100%
Has any older or stronger member of your family ever touched you or had you touch them sexually?	Yes	3%	0%	3%	2%
	No	97%	100%	97%	98%

<sup>^</sup> New question in 2013.

2013 Minnesota Student Survey

**TABLE 18  
RELATIONSHIP VIOLENCE\*<sup>^</sup>  
LEWISTON-ALTURA**

		Grade		
		8th	9th	11th
		%	%	%
Have you ever had a boyfriend or girlfriend in a dating or serious relationship who called you names or put you down verbally?	Yes	9%	9%	13%
	No	91%	91%	87%
Have you ever had a boyfriend or girlfriend in a dating or serious relationship who hit, slapped or physically hurt you on purpose?	Yes	5%	4%	5%
	No	95%	96%	95%
Have you ever had a boyfriend or girlfriend in a dating or serious relationship who pressured you into having sex when you did not want to?*	Yes		7%	7%
	No		93%	93%
Have YOU ever done any of the following to a boyfriend or girlfriend in a dating or serious relationship: called him/her names or put him/her down verbally?	Yes	5%	4%	12%
	No	95%	96%	88%
Have YOU ever done any of the following to a boyfriend or girlfriend in a dating or serious relationship: hit, slapped or physically hurt him/her on purpose?	Yes	0%	1%	2%
	No	100%	99%	98%
Have YOU ever done any of the following to a boyfriend or girlfriend in a dating or serious relationship: pressured him/her into having sex when he/she did not want to?*	Yes		4%	2%
	No		96%	98%

\* 5th grade survey did not ask these questions.

\*\* 8th grade survey did not ask this question.

<sup>^</sup> All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 19  
GENERAL HEALTH AND HEALTH CONDITIONS  
LEWISTON-ALTURA**

		Grade			
		5th %	8th %	9th %	11th %
How would you describe your health in general?^	Excellent	19%	7%	26%	31%
	Very good	48%	50%	37%	42%
	Good	29%	32%	25%	22%
	Fair	4%	9%	9%	6%
	Poor	0%	2%	3%	0%
Do you have any physical disabilities, or long-term health problems (such as asthma, cancer, diabetes, epilepsy or something else)? Long-term means lasting 6 months or more.^	Yes	13%	14%	20%	14%
	No	88%	86%	80%	86%
Has a doctor or nurse ever told you that you have asthma?	Yes	11%	14%	19%	22%
	No	89%	86%	81%	78%
Has a doctor or nurse ever told you that you have diabetes?^	Yes	0%	2%	1%	0%
	No	100%	98%	99%	100%
Has a doctor or nurse ever told you that you have pre-diabetes?^	Yes	0%	0%	1%	2%
	No	100%	100%	99%	98%
Has a doctor or nurse ever told you that you have an allergy that requires you to carry an epi-pen?^	Yes	4%	0%	1%	7%
	No	96%	100%	99%	93%
Do you have any long-term mental health, behavioral or emotional problems? Long-term means lasting 6 months or more.^	Yes	13%	9%	12%	13%
	No	88%	91%	88%	87%
How would YOU describe your weight?	Underweight	17%	12%	6%	13%
	About the right weight	66%	63%	75%	69%
	Overweight	17%	26%	19%	18%
Weight status* according to Body Mass Index (BMI)**	Not overweight		74%	70%	78%
	Overweight		18%	16%	13%
	Obese		8%	14%	8%

\* 5th grade survey did not ask this question.

^ New question in 2013.

\*\* Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers for children and teens. CDC BMI-for-age growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

Not overweight: Less than the 85th percentile  
Overweight: 85th to less than the 95th percentile  
Obese: Equal to or greater than the 95th percentile

2013 Minnesota Student Survey

**TABLE 20  
HEALTH CARE ACCESS  
LEWISTON-ALTURA**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
<b>When was the last time you saw a doctor or nurse for a check-up or physical exam when you were not sick or injured?</b>	<b>During the last year</b>	65%	68%	50%	41%
	<b>Between 1 and 2 years ago</b>	21%	27%	29%	37%
	<b>More than 2 years ago</b>	6%	0%	18%	16%
	<b>Never</b>	8%	5%	3%	6%
<b>When was the last time you saw a dentist or dental hygienist for a regular check-up, exam or teeth cleaning or other dental work?^</b>	<b>During the last year</b>	75%	84%	76%	83%
	<b>Between 1 and 2 years ago</b>	13%	7%	17%	11%
	<b>More than 2 years ago</b>	8%	5%	6%	5%
	<b>Never</b>	4%	5%	1%	2%
<b>Have you ever been treated for a mental health, emotional or behavioral problem?*</b> (Mark ALL that apply)	<b>No</b>		89%	83%	86%
	<b>Yes, during the last year</b>		5%	14%	8%
	<b>Yes, more than a year ago</b>		7%	4%	6%
<b>Have you ever been treated for an alcohol or drug problem?*</b> (Mark ALL that apply)	<b>No</b>		100%	97%	100%
	<b>Yes, during the last year</b>		0%	0%	0%
	<b>Yes, more than a year ago</b>		0%	3%	0%

\* 5th grade survey did not ask this question.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 21  
PHYSICAL ACTIVITY; SLEEP; USE OF INDOOR TANNING DEVICE^  
LEWISTON-ALTURA**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
<b>During the last 7 days, on how many days were you physically active for a total of AT LEAST 60 MINUTES PER DAY?</b>	<b>0 days</b>	4%	5%	6%	14%
	<b>1 day</b>	2%	9%	9%	6%
	<b>2 days</b>	17%	9%	6%	10%
	<b>3 days</b>	21%	20%	9%	14%
	<b>4 days</b>	8%	9%	7%	10%
	<b>5 days</b>	29%	7%	23%	19%
	<b>6 days</b>	6%	14%	19%	2%
	<b>7 days</b>	13%	27%	22%	25%
<b>During a typical school week, on how many days do you go to physical education (PE or gym) classes?</b>	<b>0 days</b>	2%	0%	73%	65%
	<b>1 day</b>	2%	0%	0%	2%
	<b>2 days</b>	6%	27%	0%	0%
	<b>3 days</b>	83%	68%	1%	0%
	<b>4 days</b>	4%	2%	1%	2%
	<b>5 days</b>	2%	2%	24%	32%
<b>During a typical school night, how many hours of sleep do you get?</b>	<b>4 hours or less</b>	2%	7%	3%	0%
	<b>5 hours</b>	2%	2%	9%	10%
	<b>6 hours</b>	7%	14%	16%	26%
	<b>7 hours</b>	9%	16%	26%	42%
	<b>8 hours</b>	18%	47%	37%	19%
	<b>9 hours</b>	41%	12%	7%	2%
	<b>10 or more hours</b>	20%	2%	3%	2%
<b>During the last 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed or tanning booth?*</b>	<b>0 times</b>		95%	91%	89%
	<b>1 or 2 times</b>		5%	4%	6%
	<b>3 to 9 times</b>		0%	3%	3%
	<b>10 to 19 times</b>		0%	1%	2%
	<b>20 to 39 times</b>		0%	0%	0%
	<b>40 or more times</b>		0%	0%	0%

\* 5th grade survey did not ask this question.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 22  
EATING MEALS  
LEWISTON-ALTURA**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
During the last 7 days, on how many days did you eat breakfast? <sup>^</sup>	0 days	2%	9%	9%	5%
	1 day	2%	7%	9%	10%
	2 days	6%	16%	7%	8%
	3 days	6%	7%	16%	11%
	4 days	2%	14%	7%	14%
	5 days	15%	11%	10%	10%
	6 days	13%	9%	9%	8%
	7 days	54%	27%	34%	35%
During the last 30 days, have you had to skip meals because your family did not have enough money to buy food? <sup>^</sup>	Yes	0%	5%	4%	3%
	No	100%	95%	96%	97%
During a typical school week, where do you usually get your lunch? <sup>^</sup> (Mark ALL that apply)	I usually don't eat lunch	2%	14%	16%	6%
	Regular school lunch from the cafeteria	92%	86%	76%	71%
	The a la carte line (buy individual items)	0%	7%	4%	22%
	School store or vending machine	0%	0%	0%	2%
	Fast food restaurant, gas station or somewhere else outside of school	4%	2%	0%	37%
	I bring lunch from home	17%	9%	14%	13%
Do you currently get free or reduced-price lunch at school?	Yes	12%	31%	31%	24%
	No	88%	69%	69%	76%

<sup>^</sup> New question in 2013.

2013 Minnesota Student Survey

**TABLE 23A  
NUTRITION^  
LEWISTON-ALTURA**

<b>During the last 7 days, how many times did you...</b>		<b>Grade</b>			
		<b>5th</b>	<b>8th</b>	<b>9th</b>	<b>11th</b>
		<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>
<b>During the last 7 days, how many times did you drink 100% fruit juices such as orange, apple or grape juice?</b>	<b>I did NOT eat or drink this</b>	8%	12%	21%	15%
	<b>1 to 3 times in the last 7 days</b>	48%	51%	44%	36%
	<b>4 to 6 times in the last 7 days</b>	17%	23%	16%	15%
	<b>1 time per day</b>	10%	5%	10%	16%
	<b>2 times per day</b>	10%	5%	3%	7%
	<b>3 times per day</b>	2%	0%	4%	5%
	<b>4 or more times per day</b>	4%	5%	1%	7%
<b>During the last 7 days, how many times did you eat fruit?</b>	<b>I did NOT eat or drink this</b>	10%	2%	12%	7%
	<b>1 to 3 times in the last 7 days</b>	29%	35%	32%	38%
	<b>4 to 6 times in the last 7 days</b>	23%	19%	24%	15%
	<b>1 time per day</b>	10%	19%	18%	13%
	<b>2 times per day</b>	15%	5%	12%	15%
	<b>3 times per day</b>	6%	7%	0%	5%
	<b>4 or more times per day</b>	6%	14%	3%	8%
<b>During the last 7 days, how many times did you eat green salad, potatoes, carrots or other vegetables (Do not count French fries, fried potatoes, or potato chips)?</b>	<b>I did NOT eat or drink this</b>	8%	5%	13%	8%
	<b>1 to 3 times in the last 7 days</b>	23%	26%	38%	15%
	<b>4 to 6 times in the last 7 days</b>	27%	26%	21%	31%
	<b>1 time per day</b>	10%	19%	16%	21%
	<b>2 times per day</b>	17%	14%	9%	10%
	<b>3 times per day</b>	4%	5%	1%	8%
	<b>4 or more times per day</b>	10%	7%	1%	7%
<b>During the last 7 days, how many times did you eat from a fast food restaurant, including carry-out or delivery?</b>	<b>I did NOT eat or drink this</b>	29%	43%	36%	33%
	<b>1 to 3 times in the last 7 days</b>	58%	40%	57%	51%
	<b>4 to 6 times in the last 7 days</b>	4%	7%	1%	2%
	<b>1 time per day</b>	4%	7%	1%	8%
	<b>2 times per day</b>	2%	0%	3%	2%
	<b>3 times per day</b>	2%	0%	0%	3%
	<b>4 or more times per day</b>	0%	2%	1%	2%

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 23B  
NUTRITION  
LEWISTON-ALTURA**

<b>How many cans, bottles or glasses of each of the following did you drink yesterday?</b>		<b>Grade</b>			
		<b>5th</b>	<b>8th</b>	<b>9th</b>	<b>11th</b>
		<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>
<b>Milk</b>	<b>0</b>	15%	7%	16%	11%
	<b>1 to 2</b>	40%	56%	45%	53%
	<b>3 to 4</b>	27%	23%	26%	24%
	<b>5 to 6</b>	8%	9%	7%	6%
	<b>7 or more</b>	10%	5%	6%	5%
<b>Pop or soda</b>	<b>0</b>	46%	52%	54%	55%
	<b>1 to 2</b>	44%	26%	35%	39%
	<b>3 to 4</b>	6%	10%	6%	0%
	<b>5 to 6</b>	0%	10%	4%	3%
	<b>7 or more</b>	4%	2%	0%	3%
<b>Sports drinks, such as Gatorade or Powerade</b>	<b>0</b>	54%	48%	59%	60%
	<b>1 to 2</b>	25%	17%	22%	26%
	<b>3 to 4</b>	19%	19%	10%	6%
	<b>5 to 6</b>	2%	10%	9%	5%
	<b>7 or more</b>	0%	7%	0%	3%
<b>Energy drinks, such as Red Bull or Jolt<sup>^</sup></b>	<b>0</b>	98%	80%	89%	97%
	<b>1 to 2</b>	2%	20%	11%	3%
	<b>3 to 4</b>	0%	0%	0%	0%
	<b>5 to 6</b>	0%	0%	0%	0%
	<b>7 or more</b>	0%	0%	0%	0%
<b>Other sugar-sweetened drinks, such as sweet tea, lemonade, coffee drinks or juice drinks<sup>^</sup></b>	<b>0</b>	31%	45%	46%	51%
	<b>1 to 2</b>	54%	45%	37%	41%
	<b>3 to 4</b>	10%	8%	7%	8%
	<b>5 to 6</b>	4%	3%	6%	0%
	<b>7 or more</b>	0%	0%	3%	0%
<b>Water</b>	<b>0</b>	4%	2%	10%	10%
	<b>1 to 2</b>	10%	24%	19%	29%
	<b>3 to 4</b>	27%	17%	29%	16%
	<b>5 to 6</b>	15%	15%	12%	27%
	<b>7 or more</b>	44%	41%	29%	18%

<sup>^</sup> New question in 2013.

2013 Minnesota Student Survey

**TABLE 24  
VEHICLE SAFETY  
LEWISTON-ALTURA**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
<b>When driving a car, how often do you wear a seat belt?*</b>	I don't drive a car			56%	8%
	I never do this			1%	0%
	Sometimes			3%	0%
	Often			6%	8%
	Always			34%	84%
<b>When driving a car, how often do you read incoming text messages or emails?**^</b>	I don't drive a car			67%	8%
	I never do this			19%	53%
	Sometimes			7%	32%
	Often			3%	6%
	Always			4%	0%
<b>When driving a car, how often do you send text messages or emails?**^</b>	I don't drive a car			67%	10%
	I never do this			20%	61%
	Sometimes			6%	24%
	Often			3%	5%
	Always			4%	0%
<b>When driving a car, how often do you make or answer a phone call?**^</b>	I don't drive a car			67%	8%
	I never do this			12%	27%
	Sometimes			13%	44%
	Often			3%	16%
	Always			6%	5%
<b>How often do you wear a seat belt when you ride in the FRONT seat of a car?^</b>	I don't ride in the front seat	11%	0%	0%	2%
	Always	59%	68%	72%	87%
	Often	23%	18%	13%	10%
	Sometimes	5%	14%	13%	2%
	I never wear a seatbelt	2%	0%	1%	0%
<b>How often do you wear a seat belt when you ride in the BACK seat of a car?^</b>	I don't ride in the back seat	2%	5%	1%	5%
	Always	75%	57%	62%	76%
	Often	11%	16%	17%	10%
	Sometimes	9%	20%	13%	8%
	I never wear a seatbelt	2%	2%	6%	2%

\* 5th and 8th grade surveys did not ask this question.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 25A  
SELF DESCRIPTION<sup>^</sup>  
LEWISTON-ALTURA**

<i>In general, how does each of the following statements describe you?</i>		Grade			
		5th	8th	9th	11th
		%	%	%	%
<b>I feel in control of my life and future.*</b>	<b>Not at all or rarely</b>	13%	5%	4%	10%
	<b>Somewhat or sometimes</b>	48%	21%	11%	25%
	<b>Very or often</b>	23%	42%	46%	37%
	<b>Extremely or almost always</b>	18%	33%	39%	28%
<b>I feel good about myself.</b>	<b>Not at all or rarely</b>	3%	12%	7%	8%
	<b>Somewhat or sometimes</b>	18%	26%	24%	33%
	<b>Very or often</b>	40%	33%	44%	38%
	<b>Extremely or almost always</b>	40%	30%	24%	21%
<b>I feel good about my future.</b>	<b>Not at all or rarely</b>	3%	5%	6%	8%
	<b>Somewhat or sometimes</b>	28%	19%	14%	23%
	<b>Very or often</b>	30%	47%	38%	35%
	<b>Extremely or almost always</b>	40%	30%	42%	33%
<b>I deal with disappointment without getting too upset.</b>	<b>Not at all or rarely</b>	18%	10%	11%	17%
	<b>Somewhat or sometimes</b>	40%	31%	37%	32%
	<b>Very or often</b>	30%	48%	34%	29%
	<b>Extremely or almost always</b>	13%	12%	17%	22%
<b>I find good ways to deal with things that are hard in my life.</b>	<b>Not at all or rarely</b>	10%	7%	10%	10%
	<b>Somewhat or sometimes</b>	35%	26%	37%	38%
	<b>Very or often</b>	25%	50%	34%	32%
	<b>Extremely or almost always</b>	30%	17%	19%	20%
<b>I am thinking about what my purpose is in life.**</b>	<b>Not at all or rarely</b>	5%	2%	5%	2%
	<b>Somewhat or sometimes</b>	26%	40%	24%	19%
	<b>Very or often</b>	16%	29%	33%	41%
	<b>Extremely or almost always</b>	53%	29%	38%	39%

\* On the 5th grade survey, this item was worded "I can shape and influence what happens in my life and future."

\*\* On the 5th grade survey, this item was worded "I think about what I want to do in my life when I grow up."

<sup>^</sup> All questions on this table were new in 2013. These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2013 Minnesota Student Survey

**TABLE 25B  
SELF DESCRIPTION^  
LEWISTON-ALTURA**

<i>In general, how does each of the following statements describe you?</i>		Grade			
		5th	8th	9th	11th
		%	%	%	%
I say no to things that are dangerous or unhealthy.	Not at all or rarely	0%	2%	9%	10%
	Somewhat or sometimes	25%	19%	23%	27%
	Very or often	23%	31%	19%	23%
	Extremely or almost always	53%	48%	50%	40%
I build friendships with other people.	Not at all or rarely	13%	0%	4%	8%
	Somewhat or sometimes	23%	26%	32%	20%
	Very or often	40%	51%	41%	43%
	Extremely or almost always	25%	23%	23%	28%
I express my feelings in proper ways.	Not at all or rarely	20%	14%	11%	10%
	Somewhat or sometimes	25%	33%	36%	32%
	Very or often	33%	40%	34%	43%
	Extremely or almost always	23%	12%	19%	15%
I plan ahead and make good choices.	Not at all or rarely	5%	2%	11%	3%
	Somewhat or sometimes	38%	33%	29%	31%
	Very or often	33%	45%	36%	43%
	Extremely or almost always	25%	19%	24%	22%
I stay away from bad influences.	Not at all or rarely	8%	5%	7%	3%
	Somewhat or sometimes	24%	14%	28%	22%
	Very or often	21%	45%	22%	29%
	Extremely or almost always	47%	36%	43%	46%
I resolve conflicts without anyone getting hurt.	Not at all or rarely	5%	2%	7%	3%
	Somewhat or sometimes	29%	29%	36%	22%
	Very or often	37%	45%	28%	42%
	Extremely or almost always	29%	24%	29%	32%

^ All questions on this table were new in 2013. These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2013 Minnesota Student Survey

**TABLE 25C  
SELF DESCRIPTION<sup>^</sup>  
LEWISTON-ALTURA**

<i>In general, how does each of the following statements describe you?</i>		Grade			
		5th	8th	9th	11th
		%	%	%	%
<b>I accept people who are different from me.</b>	<b>Not at all or rarely</b>	3%	0%	3%	5%
	<b>Somewhat or sometimes</b>	11%	10%	19%	14%
	<b>Very or often</b>	29%	48%	34%	39%
	<b>Extremely or almost always</b>	58%	43%	44%	42%
<b>I am sensitive to the needs and feelings of others.</b>	<b>Not at all or rarely</b>	13%	7%	10%	5%
	<b>Somewhat or sometimes</b>	29%	29%	20%	19%
	<b>Very or often</b>	29%	46%	40%	34%
	<b>Extremely or almost always</b>	29%	17%	30%	42%
<b>I feel valued and appreciated by others.</b>	<b>Not at all or rarely</b>	8%	5%	10%	14%
	<b>Somewhat or sometimes</b>	29%	36%	23%	27%
	<b>Very or often</b>	37%	36%	45%	39%
	<b>Extremely or almost always</b>	26%	24%	22%	20%
<b>I am included in family tasks and decisions.</b>	<b>Not at all or rarely</b>	5%	5%	7%	5%
	<b>Somewhat or sometimes</b>	24%	17%	16%	21%
	<b>Very or often</b>	39%	49%	43%	41%
	<b>Extremely or almost always</b>	32%	29%	33%	33%
<b>I am given useful roles and responsibilities.</b>	<b>Not at all or rarely</b>	5%	2%	6%	5%
	<b>Somewhat or sometimes</b>	32%	22%	23%	17%
	<b>Very or often</b>	29%	46%	43%	49%
	<b>Extremely or almost always</b>	34%	29%	29%	29%

<sup>^</sup> All questions on this table were new in 2013. These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2013 Minnesota Student Survey

**TABLE 26A  
EMOTIONAL WELL-BEING AND DISTRESS\*<sup>^</sup>  
LEWISTON-ALTURA**

<i>During the last 12 months, have you had SIGNIFICANT problems with...</i>		Grade		
		8th	9th	11th
		%	%	%
...feeling very trapped, lonely, sad, blue, depressed or hopeless about the future?	Yes	16%	23%	34%
	No	84%	77%	66%
...sleep trouble, such as bad dreams, sleeping restlessly or falling asleep during the day?	Yes	28%	27%	27%
	No	72%	73%	73%
...feeling very anxious, nervous, tense, scared, panicked or like something bad was going to happen?	Yes	30%	25%	25%
	No	70%	75%	75%
...becoming very distressed and upset when something reminded you of the past?	Yes	31%	28%	38%
	No	69%	72%	63%
...thinking about ending your life or committing suicide?	Yes	10%	16%	15%
	No	90%	84%	85%

\* 5th grade survey did not ask these questions.

<sup>^</sup> All questions on this table were new in 2013. Items are adapted from the GAIN Short Screener (GAIN-SS) under a license agreement with Chestnut Health Systems, Inc.

Question introduction reads: This question asks about SIGNIFICANT problems. Problems are considered significant when you have them for two or more weeks, when they keep coming back, keep you from meeting your responsibilities, or make you feel like you can't go on.

2013 Minnesota Student Survey

**TABLE 26B**  
**EMOTIONAL WELL-BEING AND DISTRESS\*\*^**  
**LEWISTON-ALTURA**

<i>Thinking back the last 30 days, how much do you agree or disagree with the following statements?</i>		Grade
		5th
		%
<b>I worry a lot</b>	<b>Strongly agree</b>	14%
	<b>Agree</b>	19%
	<b>Neither agree nor disagree</b>	39%
	<b>Disagree</b>	14%
	<b>Strongly disagree</b>	14%
<b>I sometimes feel bad without knowing why</b>	<b>Strongly agree</b>	25%
	<b>Agree</b>	25%
	<b>Neither agree nor disagree</b>	19%
	<b>Disagree</b>	11%
	<b>Strongly disagree</b>	19%

\* Only 5th grade survey asked these questions.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 27**  
**SELF-INFLICTED INJURY; SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR\*\*^**  
**LEWISTON-ALTURA**

		Grade		
		8th	9th	11th
		%	%	%
<b>During the last 12 months, how many times did you do something to purposely hurt or injure yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose?</b>	<b>0 times</b>	81%	75%	86%
	<b>1 or 2 times</b>	2%	20%	7%
	<b>3 to 5 times</b>	7%	1%	3%
	<b>6 to 9 times</b>	5%	1%	0%
	<b>10 to 19 times</b>	2%	0%	2%
	<b>20 or more times</b>	2%	1%	2%
<b>Have you ever seriously considered attempting suicide? (Mark all that apply)</b>	<b>No</b>	86%	84%	80%
	<b>Yes, during the last year</b>	11%	14%	11%
	<b>Yes, more than a year ago</b>	5%	4%	8%
<b>Have you ever actually attempted suicide? (Mark all that apply)</b>	<b>No</b>	93%	93%	95%
	<b>Yes, during the last year</b>	7%	6%	2%
	<b>Yes, more than a year ago</b>	0%	4%	3%

\* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 28  
PROBLEMATIC AND ANTISOCIAL BEHAVIOR  
LEWISTON-ALTURA**

During the last 12 months...			Grade				
			5th	8th	9th	11th	
			%	%	%	%	
...did you do any of the following TWO OR MORE TIMES?*	Lie or con to get things you wanted or to avoid having to do something	Yes		58%	59%	47%	
		No		42%	41%	53%	
	Have a hard time paying attention at school, work or home	Yes		42%	57%	53%	
		No		58%	43%	47%	
	Have a hard time listening to instructions at school, work or home	Yes		28%	47%	32%	
		No		72%	53%	68%	
	Be a bully or threaten other people	Yes		28%	13%	7%	
		No		72%	87%	93%	
	Start fights with other people	Yes		21%	7%	9%	
		No		79%	93%	91%	
	...run away from home?	Never		94%	90%	96%	97%
		Once or twice		6%	5%	1%	3%
3 to 5 times			0%	5%	1%	0%	
6 to 9 times			0%	0%	1%	0%	
10 or more times			0%	0%	0%	0%	
...damaged or destroyed property?	Never		92%	88%	88%	86%	
	Once or twice		3%	10%	6%	12%	
	3 to 5 times		6%	3%	4%	2%	
	6 to 9 times		0%	0%	1%	0%	
	10 or more times		0%	0%	0%	0%	
...hit or beat up another person?	Never		89%	85%	94%	93%	
	Once or twice		8%	10%	6%	7%	
	3 to 5 times		0%	5%	0%	0%	
	6 to 9 times		3%	0%	0%	0%	
	10 or more times		0%	0%	0%	0%	
...taken something from a store without paying for it?	Never		100%	93%	96%	87%	
	Once or twice		0%	5%	1%	12%	
	3 to 5 times		0%	0%	0%	2%	
	6 to 9 times		0%	3%	0%	0%	
	10 or more times		0%	0%	3%	0%	

\* 5th grade survey did not ask these questions.

^ New questions in 2013. Items are adapted from the GAIN Short Screener (GAIN-SS) under a license agreement with Chestnut Health Systems, Inc.

2013 Minnesota Student Survey

TABLE 29  
SUMMARY OF SUBSTANCE USE \*\*

LEWISTON-ALTURA

		Grade		
		8th	9th	11th
		%	%	%
Use of any tobacco products during the past 30 days	No	98%	90%	86%
	Yes	2%	10%	14%
Frequent (20+ days) use of any tobacco products during the past 30 days	No	100%	97%	98%
	Yes	0%	3%	2%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)	No	98%	100%	100%
	Yes	2%	0%	0%
Any alcohol, marijuana and/or other drug use during the past year (excluding tobacco)	No alcohol or marijuana or other drug use in the past year	87%	68%	67%
	Used only alcohol in the past year	10%	20%	18%
	Used alcohol and marijuana in the past year, but not other drugs	0%	0%	7%
	Used marijuana or other drugs in the past year, but not alcohol	0%	3%	5%
	Used alcohol and marijuana or other drugs in the past year	3%	9%	4%

\*\* These are all computed variables based on combinations of responses to two or more survey items.

**2013 Minnesota Student Survey**

**TABLE 30  
SUBSTANCE USE AMONG 5TH GRADE STUDENTS\*<sup>^</sup>  
LEWISTON-ALTURA**

		<b>Grade</b>
		<b>5th</b>
		<b>%</b>
<b>During the last 30 days, have you smoked any cigarettes?</b>	<b>Yes</b>	0%
	<b>No</b>	100%
<b>During the last 12 months, have you had alcoholic beverages to drink such as beer, wine, wine coolers and liquor?</b>	<b>Yes</b>	3%
	<b>No</b>	97%
<b>During the last 12 months, have you used marijuana (pot, weed) or hashish (hash, hash oil)?</b>	<b>Yes</b>	0%
	<b>No</b>	100%
<b>During the last 12 months, have you sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?</b>	<b>Yes</b>	0%
	<b>No</b>	100%

\* Only 5th grade survey asked these questions.

<sup>^</sup> All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 31  
TOBACCO USE\*  
LEWISTON-ALTURA**

<i>During the last 30 days, on how many days did you ...</i>		Grade		
		8th	9th	11th
		%	%	%
...smoke a cigarette?	0 days	100%	93%	94%
	1 to 2 days	0%	0%	3%
	3 to 5 days	0%	4%	2%
	6 to 9 days	0%	0%	0%
	10 to 19 days	0%	0%	0%
	20 to 29 days	0%	0%	2%
	All 30 days	0%	3%	0%
...smoke cigars, cigarillos or little cigars?	0 days	100%	91%	92%
	1 to 2 days	0%	4%	5%
	3 to 5 days	0%	0%	2%
	6 to 9 days	0%	0%	2%
	10 to 19 days	0%	1%	0%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	3%	0%
...use chewing tobacco, snuff or dip?	0 days	98%	99%	94%
	1 to 2 days	0%	1%	3%
	3 to 5 days	0%	0%	2%
	6 to 9 days	2%	0%	0%
	10 to 19 days	0%	0%	2%
	20 to 29 days	0%	0%	0%
	All 30 days	0%	0%	0%

\* 5th grade survey did not ask these questions.

2013 Minnesota Student Survey

**TABLE 32  
EXPOSURE TO SECONDHAND SMOKE<sup>^</sup>  
LEWISTON-ALTURA**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
<b>During the last 7 days, on how many days were you in the same room as someone who was smoking cigarettes?</b>	<b>0 days</b>	64%	71%	66%	58%
	<b>1 or 2 days</b>	19%	17%	15%	22%
	<b>3 or 4 days</b>	6%	5%	4%	5%
	<b>5 or 6 days</b>	0%	2%	7%	5%
	<b>All 7 days</b>	11%	5%	7%	11%
<b>During the last 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?</b>	<b>0 days</b>	75%	79%	67%	78%
	<b>1 or 2 days</b>	17%	2%	16%	6%
	<b>3 or 4 days</b>	6%	2%	4%	5%
	<b>5 or 6 days</b>	0%	2%	7%	6%
	<b>All 7 days</b>	3%	14%	6%	5%

<sup>^</sup> All questions on this table were new in 2013.

2013 Minnesota Student Survey

**TABLE 33  
ALCOHOL USE FREQUENCY AND QUANTITY\*  
LEWISTON-ALTURA**

		Grade		
		8th	9th	11th
		%	%	%
<b>During the last 30 days, on how many days did you drink one or more drinks of an alcoholic beverage?</b>	<b>0 days</b>	90%	84%	84%
	<b>1 or 2 days</b>	7%	12%	15%
	<b>3 to 5 days</b>	0%	4%	2%
	<b>6 to 9 days</b>	2%	0%	0%
	<b>10 to 19 days</b>	0%	0%	0%
	<b>20 to 29 days</b>	0%	0%	0%
	<b>All 30 days</b>	0%	0%	0%
<b>During the last 12 months, on how many occasions (if any) have you had alcoholic beverages to drink?</b>	<b>0</b>	85%	75%	73%
	<b>1-2</b>	10%	19%	13%
	<b>3-5</b>	2%	4%	8%
	<b>6-9</b>	0%	1%	3%
	<b>10-19</b>	2%	0%	2%
	<b>20-39</b>	0%	0%	0%
	<b>40+</b>	0%	0%	0%
<b>If you drink beer/wine/wine coolers/liquor, generally, how much (if any) do you drink at one time?</b>	<b>I don't drink beer/wine/wine coolers/liquor</b>	93%	78%	78%
	<b>1 glass/can/drink</b>	5%	10%	8%
	<b>2 glasses/cans/drinks</b>	0%	3%	5%
	<b>3 glasses/cans/drinks</b>	0%	1%	2%
	<b>4 glasses/cans/drinks</b>	0%	1%	0%
	<b>5 or more glasses/cans/drinks</b>	2%	6%	7%
<b>During the past 30 days, on how many days did you have 5 or more drinks in a row, that is, within a couple of hours?^</b>	<b>0 days</b>	95%	93%	98%
	<b>1 day</b>	2%	3%	0%
	<b>2 days</b>	2%	3%	2%
	<b>3 to 5 days</b>	0%	1%	0%
	<b>6 to 9 days</b>	0%	0%	0%
	<b>10 to 19 days</b>	0%	0%	0%
	<b>20 or more days</b>	0%	0%	0%

\* 5th grade survey did not ask these questions.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 34  
ACCESS TO ALCOHOL\*  
LEWISTON-ALTURA**

<b>INCLUDES ONLY THOSE WHO USED ALCOHOL IN THE LAST 30 DAYS</b>		<b>Grade</b>		
		<b>8th</b>	<b>9th</b>	<b>11th</b>
		<b>%</b>	<b>%</b>	<b>%</b>
If you used alcohol in the last 30 days, how did you get it? (Mark all that apply)	I bought alcohol at gas stations or convenience stores	0%	0%	0%
	I bought alcohol at bars or restaurants	0%	0%	0%
	I bought alcohol at liquor or other stores^	0%	9%	0%
	I bought alcohol on the internet	0%	0%	0%
	I got alcohol from friends	50%	27%	20%
	I got alcohol from my parents	50%	9%	0%
	I got alcohol from other family members	50%	9%	0%
	I got alcohol by getting someone else to buy for me	25%	0%	10%
	I got alcohol at parties^	25%	18%	40%
	I took alcohol from my home	25%	18%	20%
	I took alcohol from a friend's home	0%	0%	0%
	I took alcohol from stores	25%	0%	0%

\* 5th grade survey did not ask this question.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 35  
AGE OF FIRST USE OF ALCOHOL AND MARIJUANA\*  
LEWISTON-ALTURA**

		Grade	
		9th	11th
		%	%
How old were you when you had your first drink of an alcoholic beverage, such as beer, wine, wine coolers and liquor, other than a few sips?	I have never had a drink of alcohol other than a few sips	57%	44%
	10 years old or younger	12%	2%
	11 years old	7%	0%
	12 years old	4%	5%
	13 years old	7%	11%
	14 years old	10%	2%
	15 years old	1%	18%
	16 years old	0%	13%
	17 years old or older	0%	5%
How old were you when you tried marijuana (pot, weed) or hashish (hash, hash oil) for the first time?	I have never tried marijuana or hashish	87%	83%
	10 years old or younger	0%	0%
	11 years old	1%	0%
	12 years old	0%	2%
	13 years old	6%	0%
	14 years old	6%	3%
	15 years old	0%	3%
	16 years old	0%	5%
	17 years old or older	0%	3%

\* 5th and 8th grade surveys did not ask these questions.

2013 Minnesota Student Survey

**TABLE 36  
USE OF MARIJUANA AND PRESCRIPTION DRUGS\*  
LEWISTON-ALTURA**

		Grade		
		8th	9th	11th
		%	%	%
<b>During the last 30 days, on how many days did you use marijuana or hashish?</b>	<b>0 days</b>	98%	91%	92%
	<b>1 to 2 days</b>	2%	3%	5%
	<b>3 to 5 days</b>	0%	3%	0%
	<b>6 to 9 days</b>	0%	3%	0%
	<b>10 to 19 days</b>	0%	0%	2%
	<b>20 to 29 days</b>	0%	0%	0%
	<b>All 30 days</b>	0%	0%	2%
<b>During the last 12 months, on how many occasions (if any) have you used marijuana or hashish?</b>	<b>0</b>	98%	90%	88%
	<b>1-2</b>	2%	4%	7%
	<b>3-5</b>	0%	3%	2%
	<b>6-9</b>	0%	0%	0%
	<b>10-19</b>	0%	1%	2%
	<b>20-39</b>	0%	1%	0%
	<b>40+</b>	0%	0%	2%
<b>During the last 30 days, on how many days did you use prescription drugs not prescribed for you?^</b>	<b>0 days</b>	98%	96%	97%
	<b>1 to 2 days</b>	0%	1%	2%
	<b>3 to 5 days</b>	2%	1%	2%
	<b>6 to 9 days</b>	0%	1%	0%
	<b>10 to 19 days</b>	0%	0%	0%
	<b>20 to 29 days</b>	0%	0%	0%
	<b>All 30 days</b>	0%	0%	0%

\* 5th grade survey did not ask this question.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 37  
PRESCRIPTION DRUG USE\*  
LEWISTON-ALTURA**

<i>During the last 12 months, on how many occasions have you used any of the following prescription drugs that were NOT prescribed for you or that you took ONLY to get high?</i>		Grade		
		8th	9th	11th
		%	%	%
Stimulants such as Benzedrine (bennies, speed, uppers) or diet pills	0	100%	99%	100%
	1 to 2	0%	1%	0%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 to 39	0%	0%	0%
	40 or more	0%	0%	0%
ADHD or ADD drugs like Ritalin (hyper pills)	0	100%	99%	100%
	1 to 2	0%	0%	0%
	3 to 5	0%	0%	0%
	6 to 9	0%	1%	0%
	10 to 19	0%	0%	0%
	20 to 39	0%	0%	0%
	40 or more	0%	0%	0%
Pain relievers such as OxyContin, Percocet, Vicodin or others	0	100%	99%	100%
	1 to 2	0%	1%	0%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 to 39	0%	0%	0%
	40 or more	0%	0%	0%
Tranquilizers such as Valium, Xanax or sedatives or barbiturates	0	100%	100%	100%
	1 to 2	0%	0%	0%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 to 39	0%	0%	0%
	40 or more	0%	0%	0%

\* 5th grade survey did not ask this question.

2013 Minnesota Student Survey

**TABLE 38  
HALLUCINOGEN, ECSTASY, COCAINE AND HEROIN USE\*  
LEWISTON-ALTURA**

<i>During the last 12 months, on how many occasions (if any) have you used...</i>		Grade		
		8th	9th	11th
		%	%	%
...LSD (acid), PCP (wet sticks or dipped joints), or other psychedelics (mushrooms, angel dust)?	0	100%	97%	100%
	1 to 2	0%	1%	0%
	3 to 5	0%	1%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 to 39	0%	0%	0%
	40 or more	0%	0%	0%
...MDMA (E, X, ecstasy), GHB (G, Liquid E, Liquid X, roofies) or Ketamine (Special K)?	0	100%	99%	100%
	1 to 2	0%	0%	0%
	3 to 5	0%	1%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 to 39	0%	0%	0%
	40 or more	0%	0%	0%
...crack, coke or cocaine in any other form?	0	100%	99%	100%
	1 to 2	0%	1%	0%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 to 39	0%	0%	0%
	40 or more	0%	0%	0%
...heroin?	0	100%	99%	100%
	1 to 2	0%	0%	0%
	3 to 5	0%	1%	0%
	6 to 9	0%	0%	0%
	20 to 39	0%	0%	0%
	40 or more	0%	0%	0%

\* 5th grade survey did not ask this question.

2013 Minnesota Student Survey

**TABLE 39**  
**METHAMPHETAMINE, OVER-THE-COUNTER DRUG, SYNTHETIC DRUG**  
**AND INHALANT USE\***  
**LEWISTON-ALTURA**

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		Grade		
		8th	9th	11th
		%	%	%
...used methamphetamine (meth, glass, crank, crystal meth, ice)?	0	100%	97%	100%
	1 to 2	0%	0%	0%
	3 to 5	0%	1%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	1%	0%
	20 to 39	0%	0%	0%
	40 or more	0%	0%	0%
...used over-the-counter drugs such as cough syrup, cold medicine or diet pills that you took only to get high?^	0	100%	96%	100%
	1 to 2	0%	1%	0%
	3 to 5	0%	0%	0%
	6 to 9	0%	1%	0%
	10 to 19	0%	0%	0%
	20 to 39	0%	0%	0%
	40 or more	0%	1%	0%
...used synthetic drugs such as bath salts (Ivory Wave, White Lightning) or synthetic marijuana (K2, Gold) that you took only to get high?^	0	100%	96%	98%
	1 to 2	0%	0%	2%
	3 to 5	0%	1%	0%
	6 to 9	0%	3%	0%
	10 to 19	0%	0%	0%
	20 to 39	0%	0%	0%
	40 or more	0%	0%	0%
...sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?	0	100%	97%	98%
	1 to 2	0%	3%	2%
	3 to 5	0%	0%	0%
	6 to 9	0%	0%	0%
	10 to 19	0%	0%	0%
	20 to 39	0%	0%	0%
	40 or more	0%	0%	0%

\* 5th grade survey did not ask these questions.

^ New question in 2013.

2013 Minnesota Student Survey

**TABLE 40  
PERCEIVED RISK OF HARM FROM SUBSTANCE USE  
LEWISTON-ALTURA**

<i>How much do you think people risk harming themselves physically or in other ways if they...</i>		Grade			
		5th	8th	9th	11th
		%	%	%	%
... smoke one or more packs of cigarettes per day?	No risk	18%	10%	9%	13%
	Slight risk	9%	12%	7%	2%
	Moderate risk	21%	15%	26%	16%
	Great risk	53%	63%	58%	70%
... have five or more drinks of an alcoholic beverage once or twice per week?	No risk	18%	15%	13%	7%
	Slight risk	18%	22%	23%	18%
	Moderate risk	44%	22%	25%	31%
	Great risk	21%	41%	39%	44%
... smoke marijuana once or twice per week?	No risk	18%	20%	14%	22%
	Slight risk	12%	10%	17%	18%
	Moderate risk	18%	24%	17%	13%
	Great risk	53%	46%	51%	47%
... use prescription drugs not prescribed for them? <sup>^</sup>	No risk	15%	12%	9%	9%
	Slight risk	9%	5%	7%	5%
	Moderate risk	26%	24%	22%	25%
	Great risk	50%	59%	62%	60%

<sup>^</sup> New question in 2013.

2013 Minnesota Student Survey

**TABLE 41**  
**PERCEPTIONS OF OTHERS' DISAPPROVAL OF SUBSTANCE USE<sup>^</sup>**  
**LEWISTON-ALTURA**

		Grade			
		5th	8th	9th	11th
		%	%	%	%
How wrong do your parents feel it would be for you to smoke cigarettes?	Not at all wrong	0%	5%	4%	4%
	A little bit wrong	0%	2%	3%	5%
	Wrong	9%	17%	9%	11%
	Very wrong	91%	76%	84%	80%
How wrong do your parents feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	0%	7%	7%	2%
	A little bit wrong	3%	5%	3%	9%
	Wrong	21%	19%	15%	16%
	Very wrong	76%	69%	75%	73%
How wrong do your parents feel it would be for you to smoke marijuana?	Not at all wrong	0%	5%	6%	5%
	A little bit wrong	0%	0%	1%	2%
	Wrong	6%	7%	7%	11%
	Very wrong	94%	88%	86%	82%
How wrong do your parents feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	0%	5%	6%	2%
	A little bit wrong	3%	0%	1%	2%
	Wrong	9%	12%	9%	7%
	Very wrong	88%	83%	84%	89%
How wrong do your friends feel it would be for you to smoke cigarettes?	Not at all wrong	0%	2%	4%	5%
	A little bit wrong	6%	0%	12%	7%
	Wrong	18%	32%	19%	29%
	Very wrong	76%	66%	65%	58%
How wrong do your friends feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	3%	7%	10%	7%
	A little bit wrong	9%	7%	19%	18%
	Wrong	18%	22%	22%	31%
	Very wrong	71%	63%	49%	44%
How wrong do your friends feel it would be for you to smoke marijuana?	Not at all wrong	0%	7%	4%	15%
	A little bit wrong	6%	5%	15%	9%
	Wrong	15%	12%	15%	20%
	Very wrong	79%	76%	66%	56%
How wrong do your friends feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	0%	7%	4%	4%
	A little bit wrong	6%	2%	10%	7%
	Wrong	12%	17%	16%	17%
	Very wrong	82%	73%	69%	72%

<sup>^</sup> All questions on this table were new in 2013.

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**TABLE 42  
FEELINGS AND PERCEPTIONS OF OTHERS' FEELINGS ABOUT  
ALCOHOL USE\*<sup>^</sup>  
LEWISTON-ALTURA**

		Grade		
		8th	9th	11th
		%	%	%
How do you feel about each of the following statements: Parents and other adults should clearly communicate with their children about the importance of not using alcohol?	Strongly agree	61%	51%	49%
	Agree	27%	29%	33%
	Neither agree nor disagree	2%	12%	13%
	Disagree	5%	1%	4%
	Strongly disagree	5%	6%	2%
How do you feel about each of the following statements: Drinking alcohol is never a good thing for anyone my age to do?	Strongly agree	73%	56%	25%
	Agree	15%	21%	31%
	Neither agree nor disagree	2%	13%	35%
	Disagree	10%	4%	5%
	Strongly disagree	0%	6%	4%
How do you think MOST STUDENTS in your school feel about each of the following statements: Parents and other adults should clearly communicate with their children about the importance of not using alcohol?	Strongly agree	34%	21%	21%
	Agree	46%	46%	42%
	Neither agree nor disagree	12%	28%	21%
	Disagree	2%	3%	10%
	Strongly disagree	5%	3%	6%
How do you think MOST STUDENTS in your school feel about each of the following statements: Drinking alcohol is never a good thing for anyone my age to do?	Strongly agree	39%	21%	15%
	Agree	39%	43%	21%
	Neither agree nor disagree	17%	25%	37%
	Disagree	2%	7%	19%
	Strongly disagree	2%	3%	8%

\* 5th grade survey did not ask these questions.

<sup>^</sup> All questions on this table were new in 2013.

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**TABLE 43  
USE OF TOBACCO, ALCOHOL AND MARIJUANA\*<sup>^</sup>  
LEWISTON-ALTURA**

<i>How often do you use each of the following?</i>		Grade		
		8th	9th	11th
		%	%	%
<b>Tobacco (cigarettes, chew)</b>	<b>Never</b>	100%	94%	85%
	<b>Tried once or twice</b>	0%	1%	6%
	<b>Once or twice a year</b>	0%	3%	6%
	<b>Once a month</b>	0%	0%	2%
	<b>Twice a month</b>	0%	1%	0%
	<b>Once a week</b>	0%	0%	0%
	<b>Daily</b>	0%	0%	2%
<b>Alcohol (beer, wine, liquor)</b>	<b>Never</b>	90%	74%	65%
	<b>Tried once or twice</b>	5%	9%	17%
	<b>Once or twice a year</b>	2%	10%	11%
	<b>Once a month</b>	0%	0%	4%
	<b>Twice a month</b>	2%	4%	4%
	<b>Once a week</b>	0%	0%	0%
	<b>Daily</b>	0%	3%	0%
<b>Marijuana (pot, hash, hash oil)</b>	<b>Never</b>	98%	87%	85%
	<b>Tried once or twice</b>	0%	6%	2%
	<b>Once or twice a year</b>	0%	1%	4%
	<b>Once a month</b>	2%	3%	2%
	<b>Twice a month</b>	0%	0%	4%
	<b>Once a week</b>	0%	0%	0%
	<b>Daily</b>	0%	3%	4%

\* 5th grade survey did not ask these questions.

<sup>^</sup> All questions on this table were new in 2013.

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**TABLE 44  
PERCEPTIONS OF OTHERS' USE OF TOBACCO, ALCOHOL AND  
MARIJUANA\*<sup>^</sup>  
LEWISTON-ALTURA**

<i>In your opinion, how often do you think MOST STUDENTS in your school use each of the following?</i>		Grade		
		8th	9th	11th
		%	%	%
Tobacco (cigarettes, chew)	Never	63%	31%	20%
	Tried once or twice	20%	28%	28%
	Once or twice a year	7%	6%	11%
	Once a month	5%	10%	11%
	Twice a month	0%	4%	4%
	Once a week	0%	13%	7%
	Daily	5%	7%	19%
Alcohol (beer, wine, liquor)	Never	62%	22%	9%
	Tried once or twice	17%	19%	9%
	Once or twice a year	5%	16%	20%
	Once a month	7%	13%	7%
	Twice a month	5%	6%	22%
	Once a week	5%	16%	20%
	Daily	0%	6%	11%
Marijuana (pot, hash, hash oil)	Never	61%	34%	28%
	Tried once or twice	20%	21%	13%
	Once or twice a year	7%	9%	11%
	Once a month	2%	10%	13%
	Twice a month	2%	4%	6%
	Once a week	2%	13%	17%
	Daily	5%	7%	13%

\* 5th grade survey did not ask these questions.

<sup>^</sup> All questions on this table were new in 2013.

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**TABLE 45A  
CONSEQUENCES OF SUBSTANCE USE\*  
LEWISTON-ALTURA**

<i>During the last 12 months ...</i>		Grade		
		8th	9th	11th
		%	%	%
...have you found that you had to use a lot more alcohol or drugs than before to get the same effect?	No or no use	100%	95%	98%
	Yes	0%	5%	2%
...have you tried to cut down on your use of alcohol or drugs but couldn't?	No or no use	97%	98%	96%
	Yes	3%	2%	4%
...have you continued to use alcohol or drugs even though you knew it was hurting your relationships with friends or family?	No or no use	97%	95%	100%
	Yes	3%	5%	0%
...how many times have you spent all or most of the day using alcohol or drugs, or getting over their effects?	0 times or no use	97%	97%	94%
	1 time	3%	2%	4%
	2 times	0%	0%	0%
	3 or more times	0%	2%	2%
...how many times have you given up important social or recreational activities like sports or being with friends or relatives to use alcohol or drugs or to get over their effects?	0 times or no use	97%	93%	98%
	1 time	0%	3%	0%
	2 times	3%	0%	0%
	3 or more times	0%	3%	2%
...how many times have you missed work or school, or neglected other major responsibilities because of alcohol or drug use?	0 times or no use	97%	97%	98%
	1 time	3%	2%	0%
	2 times	0%	2%	0%
	3 or more times	0%	0%	2%

\* 5th grade survey did not ask these questions.

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**TABLE 45B  
CONSEQUENCES OF SUBSTANCE USE\*  
LEWISTON-ALTURA**

<i>During the last 12 months, how many times...</i>		Grade		
		8th	9th	11th
		%	%	%
...have you driven a motor vehicle after using alcohol or drugs?**	0 times or no use		97%	98%
	1 time		3%	0%
	2 times		0%	0%
	3 or more times		0%	2%
...have you hit someone or become violent while using alcohol or drugs?	0 times or no use	97%	98%	98%
	1 time	3%	2%	0%
	2 times	0%	0%	0%
	3 or more times	0%	0%	2%
...have you used so much alcohol or drugs that the next day you could not remember what you had said or done?	0 times or no use	97%	97%	98%
	1 time	3%	0%	0%
	2 times	0%	0%	0%
	3 or more times	0%	3%	2%
...have you used more alcohol or drugs than you intended to?	0 times or no use	97%	93%	98%
	1 time	0%	3%	0%
	2 times	3%	2%	0%
	3 or more times	0%	2%	2%
...has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?	0 times or no use	98%	98%	98%
	1 time	0%	0%	0%
	2 times	3%	0%	2%
	3 or more times	0%	2%	0%
...has alcohol or drug use caused you problems with the law?	0 times or no use	98%	98%	98%
	1 time	0%	0%	0%
	2 times	0%	0%	2%
	3 or more times	3%	2%	0%

\* 5th grade survey did not ask these questions.

\*\* 8th grade survey did not ask this question.

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**TABLE 46**  
**SEXUAL ORIENTATION; SEXUAL BEHAVIOR\***  
**LEWISTON-ALTURA**

		Grade	
		9th	11th
		%	%
<b>Which of the following best describes you?^</b>	<b>Heterosexual (straight)</b>	91%	97%
	<b>Bisexual</b>	1%	0%
	<b>Gay or lesbian</b>	0%	0%
	<b>Not sure (questioning)</b>	7%	3%
<b>Have you ever had sexual intercourse ('had sex')?</b>	<b>Yes</b>	18%	37%
	<b>No</b>	82%	63%
<b>During the last 12 months, with how many different male partners have you had sexual intercourse?</b>	<b>None</b>	88%	81%
	<b>1 person</b>	7%	14%
	<b>2 persons</b>	3%	4%
	<b>3 persons</b>	1%	0%
	<b>4 persons</b>	0%	2%
	<b>5 persons</b>	0%	0%
	<b>6 or more persons</b>	0%	0%
<b>During the last 12 months, with how many different female partners have you had sexual intercourse?</b>	<b>None</b>	90%	82%
	<b>1 person</b>	3%	9%
	<b>2 persons</b>	4%	5%
	<b>3 persons</b>	1%	2%
	<b>4 persons</b>	0%	0%
	<b>5 persons</b>	0%	2%
	<b>6 or more persons</b>	1%	0%
<b>How many times have you been pregnant or gotten someone pregnant?</b>	<b>0 times</b>	96%	98%
	<b>1 time</b>	4%	0%
	<b>2 or more times</b>	0%	2%
	<b>Not sure</b>	0%	0%

\* 5th and 8th grade surveys did not ask these questions.

^ New question in 2013.

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**TABLE 47  
SEXUAL BEHAVIOR\*  
LEWISTON-ALTURA**

<b>INCLUDES ONLY THOSE WHO HAVE EVER HAD SEXUAL INTERCOURSE</b>		<b>Grade</b>	
		<b>9th</b>	<b>11th</b>
		<b>%</b>	<b>%</b>
<b>Have you talked with your partner(s) about protecting yourselves from getting sexually transmitted infections/HIV/AIDS?</b>	<b>Never</b>	50%	24%
	<b>Not with every partner</b>	17%	10%
	<b>At least once with every partner</b>	33%	67%
<b>Have you talked with your partner(s) about preventing pregnancy?</b>	<b>Never</b>	42%	19%
	<b>Not with every partner</b>	8%	14%
	<b>At least once with every partner</b>	50%	67%
<b>The LAST time you had sexual intercourse, what ONE method did you or your partner use to prevent pregnancy?^</b>	<b>No method was used to prevent pregnancy</b>	25%	0%
	<b>Birth control pills</b>	13%	25%
	<b>Condoms</b>	13%	44%
	<b>Depo-Provera/any birth control shot, Nuva Ring/any birth control ring, Implanon/any implant or any IUD</b>	0%	6%
	<b>Withdrawal (pull-out)</b>	38%	25%
	<b>Some other method</b>	13%	0%
	<b>Not sure</b>	0%	0%
<b>The LAST time you had sexual intercourse, did you or your partner use a condom?</b>	<b>Yes</b>	42%	71%
	<b>No</b>	58%	29%
<b>Did you drink alcohol or use drugs before you had sexual intercourse the LAST time?^</b>	<b>Yes</b>	25%	5%
	<b>No</b>	75%	95%

\* 5th and 8th grade surveys did not ask these questions.

^ New question in 2013.

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**TABLE 48  
REASONS FOR SEXUAL ABSTINENCE\*  
LEWISTON-ALTURA**

		Grade	
		9th	11th
		%	%
<b>If you do not have sexual intercourse, what factors influence your choice not to? (Mark all that apply)</b>	<b>I don't want to have sex</b>	39%	46%
	<b>My partner doesn't want to have sex<sup>^</sup></b>	6%	9%
	<b>I have not had a chance to have sex<sup>^</sup></b>	28%	31%
	<b>My friends don't have sex</b>	9%	6%
	<b>I don't think it's right for a person my age to have sex</b>	54%	37%
	<b>I have chosen to wait until I am married</b>	31%	29%
	<b>My religious or spiritual beliefs</b>	28%	26%
	<b>My parent(s) would object</b>	44%	34%
	<b>What my parents have taught me about sex</b>	6%	14%
	<b>What sex education at school has taught me</b>	6%	14%
	<b>Fear of pregnancy</b>	48%	46%
	<b>Fear of sexually transmitted diseases</b>	35%	23%
	<b>Other reason(s)</b>	17%	23%

\* 5th and 8th grade surveys did not ask these questions.

<sup>^</sup> New question in 2013.